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Nota di contenuto	FRONT COVER; Introduction to Counselling Survivors of Interpersonal Trauma; Contents; Introduction; Part I The Nature of Interpersonal Trauma and Clinical Practice; Chapter 1 What is Interpersonal Trauma?; Chapter 2 The Dynamics of Interpersonal Trauma; Chapter 3 The Impact and Long-term effects of Interpersonal Trauma; Chapter 4 Creating a Secure Base Fundamental Principles of Safe Trauma Therapy; Chapter 5 Working with Survivors of Interpersonal Trauma; Part II Spectrum of Interpersonal Abuse; Chapter 6 Child Abuse as Interpersonal Trauma; Chapter 7 Child Sexual Abuse as Interpersonal Trauma; Chapter 8 Rape as Interpersonal Trauma Chapter 9 Sexual Exploitation Child and Adult Prostitution, Human Trafficking and Sexual Slavery; Chapter 10 Domestic Abuse as Interpersonal Trauma; Chapter 11 Elder Abuse as Interpersonal Trauma; Chapter 12 Institutional Abuse as Interpersonal Trauma; Chapter 13 Professional Abuse as Interpersonal

Trauma; Part III Professional Issues; Chapter 14 Professional Challenges and Impact of Counselling Survivors of Interpersonal Trauma; Resources; Bibliography; SubjectIndex; AuthorIndex; BACK COVER

Sommario/riassunto

Victims of sexual and physical trauma can feel lost and disconnected from themselves and others. Christiane Sanderson's book explains how counsellors can restore connection to self and others, and facilitate recovery within a safe and supportive therapeutic relationship.