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Nota di contenuto	Cover; Title Page; Copyright; Preface; Contents; Tables; Summary; Acknowledgments; Abbreviations; Chapter One: Introduction; The Purpose of This Report; How the Report Is Organized; Chapter Two: Overview of 2013 WWP Alumni Survey, Respondents, and Analysis; Survey Content; Survey Administration; Sample Characteristics; Selection of Analyses; Statistical Techniques; Chapter Three: Mental Health Outcomes; At Least Half of Alumni Report Mental Health Symptoms and Problems; Alumni Report Challenges Accessing Mental Health Care and Seeking Help Alumni Reporting Mental Health Conditions: Female Alumni and Younger Alumni Report More Difficulties and Delays in Getting Care or Not Getting Care Summary; Chapter Four: Physical Health Outcomes; Achieving a Healthy BMI Is a Challenge for Over 80 Percent of Alumni; BMI Is Related to Other Physical Health Outcomes and Perceptions; Mental and Physical Injuries Are Both Related to Perceptions of Health; Alcohol Use Is Related to General Self-Reported Health in an Unexpected Way; Summary; Chapter Five: Economic Outcomes; Half of

Alumni Are Employed

Few Alumni Access Employment and Education Benefits Type of Injury Is Related to Participation in Employment and Education Benefit Programs; High VA Disability Ratings and Many Injury Types Are Associated with Unemployment; Summary; Chapter Six: Discussion; Empowering Wounded Warriors in Mind and Spirit; Empowering Wounded Warriors in Body; Empowering Wounded Warriors Economically; Technical Appendix A: Interpretation of Regression Analyses; Multiple Regression; Logistic Regression; Explanatory Variables; Statistical Significance; Weighting; Technical Appendix B: Analyses for Chapter 3
Technical Appendix C Analyses for Chapter 4 Technical Appendix C.1: Alumni Characteristics and General Self-Reported Health; Technical Appendix C.2: Alumni Characteristics and Limitations Due to Physical Health; Technical Appendix C.3: Alumni Characteristics and Exercise Frequency; Technical Appendix C.4: Alumni Characteristics and Limitations of Doing Vigorous Activity; Technical Appendix D: Analyses for Chapter 5; Technical Appendix D.1: Alumni Characteristics and Use of VA's Vocational Rehabilitation and Employment Program
Technical Appendix D.2: Alumni Characteristics and Use of the Post-9/11 GI Bill Technical Appendix D.3: Alumni Characteristics and Labor Pool Status; Technical Appendix D.4: Alumni Characteristics and Employment Status; Technical Appendix E: Fact Sheets; References

Sommario/riassunto

In this report, the authors use the Wounded Warrior Project's 2013 survey of its members (alumni) to understand the physical, mental, and economic challenges that Wounded Warriors face. The researchers find that at least half of alumni reported dealing with mental health conditions such as depression and posttraumatic stress disorder, and many of these alumni reported difficulties or delays in seeking mental health care, or not doing so at all.
