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Titolo	Manual of nutritional therapeutics // editors, David H. Alpers [and three others]
Pubbl/distr/stampa	Philadelphia, [Pennsylvania] : , : Wolters Kluwer, , 2015 ©2015
ISBN	1-4963-1000-4
Edizione	[Sixth edition.]
Descrizione fisica	1 online resource (691 pages) : illustrations
Collana	Lippincott Manual
Disciplina	615.8/54
Soggetti	Diet therapy Nutrition Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Section I General Concepts in Nutrition -- 1. Recommendations for Healthy Young Adults -- 2. Recommendations for Healthy Elderly Adults -- 3. Pregnancy and Lactation -- 4. Approach to Nutrient Deficiency -- Section II Individual Nutrient Components -- 5. Protein and Calories: Requirements, Intake, and Assessment -- 6. Vitamins -- 7. Minerals -- 8. Dietary Supplements -- Section III Therapeutic Nutrition -- 9. Nutritional Support Decision Making -- 10. Enteral Nutritional Therapy -- 11. Parenteral Nutritional Therapy -- 12. Use of Diets and Dietary Components in Clinical Practice -- Section IV Nutritional Management of Specific Diseases -- 13. Dietary Management of Diabetes, Renal Disease, and Hyperlipidemia -- 14. Obesity -- 15. Nutritional Considerations in Chronic Diseases.
Sommario/riassunto	Co-authored by three physicians and a dietician, this quick-reference manual provides practical, state-of-the-art, evidence-based nutrition recommendations for healthy adults, hospitalized patients, and people with a full range of health conditions. It's an ideal source to help you meet the nutritional needs of every patient.