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Nota di contenuto	DSM-5: Learning Companion for Counselors; Table of Contents; Foreword; Acknowledgments; About the Authors; Chapter 1: Introduction and Overview; Counseling Identity and Diagnosis; Why We Wrote This Learning Companion; The Revision Process; Revision Feedback; Organization of the DSM-5 Learning Companion for Counselors; References; Chapter 2: Structural, Philosophical, and Major Diagnostic Changes; History of the DSM; DSM-5 Structural Changes; DSM-5 Philosophical Changes; Major Diagnostic Highlights; Implications of the DSM-5; Future of the DSM-5: Where Will It Go From Here?; References Introduction to Diagnostic Changes: Part One to Part Four Overview Part One: Changes and Implications Involving Mood, Anxiety, and Stressor-Related Concerns; Part One: Introduction; Chapter 3: Depressive Disorders; Major Changes From DSM-IV-TR to DSM-5; Differential Diagnosis; Etiology and Treatment; Implications for Counselors; Disruptive Mood Dysregulation Disorder; Major Depressive Disorder, Single Episode and Recurrent Episodes; Persistent Depressive Disorder (Dysthymia); Premenstrual Dysphoric Disorder; Substance/Medication-Induced Depressive Disorder

Depressive Disorder Due to Another Medical Condition; Other Specified and Unspecified Depressive Disorders; Specifiers for Depressive Disorders; Chapter 4: Bipolar and Related Disorders; Major Changes From DSM-IV-TR to DSM-5; Differential Diagnosis; Etiology and Treatment; Implications for Counselors; Bipolar I Disorder; Bipolar II Disorder; Cyclothymic Disorder; Substance/Medication-Induced Bipolar and Related Disorder; Bipolar and Related Disorder Due to Another Medical Condition; Other Specified and Unspecified Bipolar and Related Disorders; Specifiers for Bipolar and Related Disorders  
Chapter 5: Anxiety Disorders; Major Changes From DSM-IV-TR to DSM-5; Differential Diagnosis; Etiology and Treatment; Implications for Counselors; Separation Anxiety Disorder; Selective Mutism; Specific Phobia; Social Anxiety Disorder (Social Phobia); Panic Disorder; Panic Attack Specifier; Agoraphobia; Generalized Anxiety Disorder; Substance/Medication-Induced Anxiety Disorder; Anxiety Disorder Due to Another Medical Condition; Other Specified and Unspecified Anxiety Disorders; Chapter 6: Obsessive-Compulsive and Related Disorders; Major Changes From DSM-IV-TR to DSM-5; Differential Diagnosis; Etiology and Treatment; Implications for Counselors; Obsessive-Compulsive Disorder; Body Dysmorphic Disorder; Hoarding Disorder; Trichotillomania (Hair-Pulling Disorder); Excoriation (Skin-Picking) Disorder; Substance/Medication-Induced Obsessive-Compulsive and Related Disorder; Obsessive-Compulsive and Related Disorder Due to Another Medical Condition; Other Specified and Unspecified Obsessive-Compulsive and Related Disorders; Chapter 7: Trauma- and Stressor-Related Disorders; Major Changes From DSM-IV-TR to DSM-5; Essential Features; Differential Diagnosis; Etiology and Treatment; Implications for Counselors

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### Sommario/riassunto

Written for an audience that includes private practitioners; counselors working in mental health centers, psychiatric hospitals, employee assistance programs, and other community settings; as well as counselor educators and their students, this helpful guide breaks down the concepts and terminology in the DSM-5 and explains how this diagnostic tool translates to the clinical situations encountered most frequently by counselors. After describing the major structural, philosophical, and diagnostic changes in the DSM-5, the book is organized into four parts, which are grouped by diagnostic simi

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