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| Nota di contenuto | Cover; Copyright; Contents; Acknowledgements; About the Author and Members of the Reflective Writing Group; Introduction; Chapter One: The way we "story" our experiences; Chapter Two: Why do therapists choose to be therapists?; Chapter Three: Reflective practice; Chapter Four: Sofie's story: growing up with mental illness in the family; Chapter Five: Sheila's story: how meanings emerge between people; Chapter Six: Francesca's story: working with the givens of life; Chapter Seven: Sherna's story: cults, culture, and context; Chapter Eight: Susan's story: working with the beyond Chapter Nine: Pam's story. Design or destiny: what brings us to therapy and the place of the self and possible self-disclosure in the therapeutic allianceChapter Ten: Concluding reflection; References |
| Sommario/riassunto | Almost two decades ago, the psychoanalyst Sussman concluded that the therapist's motivation for practicing was a neglected area. Is this maybe a question best left alone?This book revisits the question. The |

authors support Sussman's rationale for raising the issue in the first place and wonder if much has changed since he referred to it as a 'neglected' area twenty years ago? This is an inquiry that moves from personal musing to collaborative and systematic inquiry. At the heart of the book lie six separate accounts as told by counsellors and psychotherapists in a reflective writing- and peer s
