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Sommario/riassunto	Key Themes in Youth Sport is a concise, easy to read guide to core concepts in the study of young people's relationship with sport, exercise and leisure. Designed to help students get to grips with the basics and go on to master the central ideas and debates in contemporary youth sport, this book reflects the multi-disciplinary interest in youth sport, exploring perspectives from sociology, psychology, physiology, sports policy, sports development, and physical education.