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Nota di contenuto	Cover; Copyright; Table of Contents; Acknowledgements; About The Author; Introduction; Chapter One: "I'm just wild about Harry!" A psychoanalyst reflects on his relationship with his dog; Chapter Two: Victory through vegetables:Victory through vegetables: self-mastery through a vegetarian way of life self-mastery through a vegetarian way of life; Chapter Three: Long night's journey into day:Long night's journey into day: on tending to a dying motheron tending to a dying mother Chapter Four: On reading a sacred book:On reading a sacred book: the wisdom of Ecclesiastes and its significance for psychoanalysis the wisdom of Ecclesiastes and its significance for psychoanalysisChapter Five: "Guard your tongue": on the psychological meaning of gossip; Chapter Six: The life and soul of good parenting:The life and soul of good parenting: on wanting, having, and raising childrenon wanting, having, and raising children; Chapter Seven: On feeling altogether

miserable:On feeling altogether miserable: getting help through psychotherapygetting help through psychotherapy
Chapter Eight: All you need is love:All you need is love: on the difficulties of sustaining an adult-to-adult love relationshipon the difficulties of sustaining an adult-to-adult love relationshipChapter Nine: Looking for God in all the right places:Looking for God in all the right places: on developing an "adult" religious outlookon developing an "adult" religious outlook; References; Glossary

Sommario/riassunto

Emmanuel Levinas (1906-1995), French phenomenological philosopher and Talmudic commentator, is regarded as perhaps the greatest ethical philosopher of our time. While Levinas enjoys prominence in the philosophical and scholarly community, especially in Europe, there are few if any books or articles written that take Levinas's extremely difficult to understand, if not obtuse, philosophy and apply it to the everyday lives of real people struggling to give greater meaning and purpose, especially ethical meaning, to their personal lives. This book attempts to fill in the large gap in the Levinas literature, mainly through using a Levinasian-inspired, ethically-infused psychoanalytic approach.
