1. Record Nr.   UNINA9910459408203321

Titolo   Managing self harm : psychological perspectives / / edited by Anna
                      Motz

Pubbl/distr/stampa   London ; ; New York : , : Routledge, , 2009

ISBN   1-135-45004-8
                      1-135-45005-6
                      1-282-59538-5
                      9786612595387
                      0-203-87578-8

Descrizione fisica   1 online resource (247 p.)

Altri autori (Persone) MotzAnna <1964->

Disciplina   616.85/82
                      616.8582

Soggetti   Self-mutilation
                      Self-destructive behavior
                      Electronic books.

Lingua di pubblicazione Inglese

Formato   Materiale a stampa

Livello bibliografico Monografia

Note generali   Includes index.

Nota di bibliografia Includes bibliographical references (pages [219]-220) and index.

Nota di contenuto   Book Cover; Title; Copyright; Contents; Contributors;
                      Acknowledgements; Introduction; Part 1 Understanding self-harm;
                      Chapter 1 Self-harm as a sign of hope; Chapter 2 The paradox of self-
                      harm; Part 2 The wider context: Systemic issues and self-harm; Chapter
                      3 `Why do you treat me this way?': Reciprocal violence and the
                      mythology of `deliberate self-harm'; Chapter 4 The trap: Self-harm and
                      young people in foster care and residential settings; Chapter 5 Self-
                      harm and attachment; Part 3 Women and self-harm; Chapter 6
                      Speaking with the body
                      Chapter 7 Absences, transitions and endings: Threats to successful
                      treatmentChapter 8 Self-harm in women's secure services: Reflections
                      and strategies for treatment design; Chapter 9 Self-harm cessation in
                      secure settings; Conclusion: `If you prick us do we not bleed?'; Further
                      reading; Index

Sommario/riassunto   Self-harm often arises at moments of despair or emotional intensity,
                      and its reasons are not necessarily available to the conscious mind.

Managing Self-Harm explores the meaning and impact of self-harm, and the sense in which it is a language of the body. It is designed to help clinicians, people who self-harm and their families and carers to understand its causes, meaning and treatment.Each chapter integrates theory with clinical illustration, enabling the direct experiences of those who self-harm to be heard and reflecting the populations that are most likely to self-har