Record Nr. UNINA9910459351603321 Autore Akhtar Salman Titolo Good Feelings: Psychoanalytic Reflections on Positive Emotions and Attitudes / / by Salman Akhtar Boca Raton, FL:,: Routledge,, [2018] Pubbl/distr/stampa ©2009 **ISBN** 9780429896983 0-429-47531-4 1-282-78029-8 9786612780295 1-84940-799-1 Edizione [First edition.] Descrizione fisica 1 online resource (676 p.) Collana Psychoanalytic ideas and applications series Disciplina 150.1988 Soggetti **Emotions Psychoanalysis** Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Cover; Copy Right; The International Psychoanalysis Library IPA Publications Committee; Acknowledgements; About the Editor and Contributors; Prologue: Psychoanalysis and human goodness: theory; Healthy Reserves; Chapter 1. Enthusiasm; Commentary; Chapter 2. Courage; Commentary; Chapter 3. Altruism; Commentary; Chapter 4. Faith; Commentary; HARMONIOUS RELATIONS; Chapter 5. Tact; Commentary: Chapter 6. Love: Commentary: Chapter 7. Friendship: Commentary; HOPEFUL RETREATS; Chapter 8. Humour; Commentary; Chapter 9. Creativity; Commentary; HUMANE RESPONSES; Chapter 10. Resilience: Commentary Chapter 11. AtonementCommentary; Chapter 12. Forgiveness; Commentary; Epilogue: Psychoanalysis and human goodness: technique Sommario/riassunto This tightly edited volume opens a new vista in psychoanalysis by

focusing upon positive and life-enhancing emotions and attitudes. The realms it covers include love, friendship, enthusiasm, courage, tact,

resilience, and forgiveness, among others. Seminal papers on these topics have existed but remain scattered throughout the psychoanalytic literature. This book brings them together in a harmonious gestalt. It is more than an anthology, however. Each paper is followed by a freshly written commentary that critically evaluates the paper and brings it in consonance with up-to-date, contemporary psychoanalytic knowledge. Issues of development, adaptation, psychopathology, and analytic technique, as these pertain to the positive dimension of affective experience, are elucidated. The book also deals with the broader and overarching issue of the 'goodness' that accompanies, causes, and is enhanced by the positive emotions in consideration here. Thus the ever-elusive and puzzling issue of psychoanalytic morality finds a place in the discourse, with all its rich and complex theoretical and technical implications.