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Sommario/riassunto	A variety of changes to academic working conditions have resulted in an increase in occupational stress and a decrease in occupational wellbeing among university academics as well as nonacademic, or general, staff. This book releases for the first time the complete results of the Australian University Staff Stress (AUSS) Project which examined

over a number of years the level, extent, and antecedents of occupational stress experienced by staff, and the consequences on individuals and universities.
