

1. Record Nr.	UNINA9910459257603321
Titolo	Reflective practice in psychotherapy and counselling / / edited by Jacqui Stedmon and Rudi Dallos
Pubbl/distr/stampa	Maidenhead : , : Open University Press/McGraw Hill Education, , 2009 ©2009
ISBN	1-283-33871-8 9786613338716 0-335-24051-8
Descrizione fisica	1 online resource (219 pages) : illustrations
Disciplina	616.8914
Soggetti	Counseling Psychotherapy Self-evaluation Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Front cover; Half title page; Title page; Copyright page; Contents; Preface: Learning from our work - David Harper; Acknowledgements; Author Biographies; List of Figures and Tables; 1 Flying over the swampy lowlands: Reflective and reflexive Practice - Rudi Dallos and Jacqui Stedmon; 2 Biological and developmental foundations of reflection - Jacqui Stedmon and Rudi Dallos; 3 Reflective frameworks - Rudi Dallos and Jacqui Stedmon; 4 Reflective practice through a psychodynamic lens - John Wright 5 Reflective practice and humanistic psychology: The whole is more than the sum of the parts - Delia Cushway 6 Reflexivity and reflective practice in personal and relational construct psychology - Harry Procter; 7 Reflective practice in cognitive behavioural therapy: The engine of lifelong learning - James Bennett-Levy, Richard Thwaites, Anna Chaddock and Melanie Davis; 8 Family mirrors: Reflective practice in systemic therapies - Arlene Vetere and Rudi Dallos; 9 Narrative therapy and reflexive practice - Paula Boston; 10 Reflections on reflections - Jacqui Stedmon and Rudi Dallos; References

