

1. Record Nr.	UNINA9910465323603321
Autore	Romita Nancy
Titolo	Functional awareness : anatomy in action for dancers // Nancy Romita and Allegra Romita
Pubbl/distr/stampa	New York, New York : , : Oxford University Press, , 2016 ©2016
ISBN	0-19-049816-1 0-19-049815-3
Descrizione fisica	1 online resource (105 p.)
Disciplina	617.1/0275
Soggetti	Dance - Physiological aspects Dancers - Training of Mind and body Muscular sense Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	10. Expressivity of Arms11. Recuperation and Restoring Balance; Conclusion; Glossary of Terms in Human Anatomy; Bibliography; Further Readings; Index; actrade-9780190498139-index.pdf
Sommario/riassunto	This book provides practical information on anatomy for dancers using images, storytelling, and experiential exercises. Based on over 30,000 hours of training, Functional Awareness® improves dance technique with tools to enable the dancer to recruit effort efficiently and move with ease in class, on stage, and daily life.

2. Record Nr.	UNINA9910459241903321
Titolo	Routledge handbook of sports development // edited by Barrie Houlihan and Mick Green
Pubbl/distr/stampa	New York : , : Routledge, , 2011
ISBN	1-134-01970-X 1-134-01971-8 1-283-04577-X 1-78034-804-5 9786613045775 0-203-88558-9
Descrizione fisica	1 online resource (665 p.)
Collana	Routledge international handbooks
Altri autori (Persone)	GreenMick <1957-> HoulihanBarrie
Disciplina	796.06/9
Soggetti	Sports administration - United States Sports - Social aspects - United States Sports and state - United States Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. The influences on sports development -- pt. 2. The contemporary context of sports development -- pt. 3. Sports development and young people -- pt. 4. Sports development and adult mass participation -- pt. 5. Sport and international development -- pt. 6. Sports development and elite athletes -- pt. 7. Issues in the practice of sports development -- pt. 8. Assessing the impact of sports development.
Sommario/riassunto	Sports development has become a prominent concern within both the academic study of sport and within the organization and administration of sport. The Routledge Handbook of Sports Development is the first book to comprehensively map the wide-ranging territory of sports development as an activity and as a policy field, and to offer a definitive survey of current academic knowledge and professional practice.

Spanning the whole spectrum of activity in sports development, from youth sport and mass participation to the development of elite athletes, the book identifies and

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