

1. Record Nr.	UNINA9910459231503321
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Titolo	Fat China : How Expanding Waistlines are Changing a Nation
Pubbl/distr/stampa	London : , : Anthem Press, , 2010
ISBN	0-85728-986-1
Descrizione fisica	1 online resource (250 p.) : tables
Collana	China in the 21st Century
Disciplina	616.3/98
Soggetti	Obesity - China Body image - China Diet - China Lifestyles - China
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index
Nota di contenuto	China gets on the scales -- China's fat class -- Fat city-obesity and urbanisation -- Mega -- wok -- China's diet from cabbage to cuisine -- Shelves of fat -- food retailing -- Fast fat -- the impact of fast -- food in china -- Selling fat -- promoting fat in china -- Little fat emperors -- obesity among china's children -- The fat and the thin -- china's body image -- China's fat clinic -- the impact of obesity on china's healthcare system -- The future of fat china -- victims of their own success?
Sommario/riassunto	'Fat China' provides an in-depth analysis of the growing problem of obesity and body image in China as urban lifestyles change and a sizeable middle class emerges. Rising obesity rates are examined in relationship to changing diets, modern lifestyles, investment from foreign fast food and supermarket retailers and urban planning. Crucial to this analysis is the likely effects on China's future development and already overburdened healthcare system.