

1. Record Nr.	UNINA9910459013103321
Autore	Creed Torrey A
Titolo	Cognitive therapy for adolescents in school settings [[electronic resource] /] / by Torrey A. Creed, Jarrod Reisweber, Aaron T. Beck
Pubbl/distr/stampa	New York, : Guilford Press, c2011
ISBN	1-283-02099-8 9786613020994 1-60918-136-0 1-60918-134-4
Descrizione fisica	1 online resource (193 p.)
Collana	Guilford practical intervention in the schools series
Altri autori (Persone)	ReisweberJarrod BeckAaron T
Disciplina	371.7/13
Soggetti	Cognitive therapy for children School mental health services Emotional problems of children - Treatment Behavior disorders in children - Treatment Cognitive therapy - Methodology Special education - Methodology Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Front Matter; Contents; List of Figures, Tables,and Appendices; Chapter 1; Chapter 2; Chapter 3; Chapter 4; Chapter 5; Appendices; References; Index
Sommario/riassunto	This first concise guide to conducting cognitive therapy (CT) with adolescents in school settings features in-depth case examples and hands-on clinical tools. The authors-who include renowned CT originator Aaron T. Beck-provide an accessible introduction to the cognitive model and demonstrate specific therapeutic techniques. Strategies are illustrated for engaging adolescents in therapy, rapidly creating an effective case conceptualization, and addressing a range of clinical issues and stressors frequently experienced in grades 6-12. The challenges and rewards of school-based CT are

