

|                         |  |
|-------------------------|--|
| 1. Record Nr.           | UNINA9910458944303321  |
| Autore                  | Lazarus Richard S  |
| Titolo                  | Coping with aging [[electronic resource] /] / Richard S. Lazarus and Bernice N. Lazarus  |
| Pubbl/distr/stampa      | Oxford ; ; New York, : Oxford University Press, 2006   |
| ISBN                    | 0-19-029158-3<br>1-280-53302-1<br>0-19-534668-8<br>1-4294-0353-5   |
| Descrizione fisica      | 1 online resource (257 p.)   |
| Altri autori (Persone)  | LazarusBernice N   |
| Disciplina              | 305.26   |
| Soggetti                | Older people<br>Adjustment (Psychology) in old age<br>Aging - Psychological aspects<br>Electronic books.   |
| Lingua di pubblicazione | Inglese  |
| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Note generali           | Description based upon print version of record.  |
| Nota di bibliografia    | Includes bibliographical references (p. 221-233) and index.  |
| Nota di contenuto       | The typical course of aging -- The emotions and research problems -- Coping -- The environment -- The personality -- Family and friends -- A different doctor for every organ -- Loss of a useful function in life : work -- Psychological treatment -- Principles of successful aging.                              |
| Sommario/riassunto      | Examines the experience of aging from the standpoint of the individual, rather than merely as a collection of statistics and charts. This title looks at aging, emotion and coping, and stability and change in both environment and personality. It is useful for scholars and also accessible to the lay audience. |