

1. Record Nr.	UNINA9910458738003321
Titolo	Lourdes Portillo [[electronic resource] ] : The devil never sleeps and other films / / edited by Rosa Linda Fregoso
Pubbl/distr/stampa	Austin, Tex., : University of Texas Press, c2001
ISBN	0-292-78912-2
Edizione	[1st ed.]
Descrizione fisica	1 online resource (329 p.)
Collana	Chicana matters series
Altri autori (Persone)	FregosoRosa Linda PortilloLourdes
Disciplina	791.43/0233/092
Soggetti	Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes three interviews with Lourdes Portillo.
Nota di bibliografia	Includes bibliographical references, filmography and index.
Nota di contenuto	pt. 1. The woman behind the camera -- pt. 2. Critical perspectives -- pt. 3. Production materials.

2. Record Nr.	UNINA9910619470503321
Autore	Byeon Haewon
Titolo	Prevention and Management of Frailty
Pubbl/distr/stampa	MDPI - Multidisciplinary Digital Publishing Institute, 2022
ISBN	3-0365-5372-X
Descrizione fisica	1 electronic resource (284 p.)
Soggetti	Public health & preventive medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	<p>It is important to prevent and manage the frailty of the elderly because their muscle strength and physical activity decrease in old age, making them prone to falling, depression, and social isolation. In the end, they need to be admitted to a hospital or a nursing home. When successful aging fails and motor ability declines due to illness, malnutrition, or reduced activity, frailty eventually occurs. Once frailty occurs, people with frailty do not have the power to exercise or the power to move. The functions of the heart and muscles are deteriorated more rapidly when they are not used. Consequently, frailty goes through a vicious cycle. As one's physical fitness is deteriorated, the person has less power to exercise, poorer cognitive functions, and inferior nutrition intake. Consequently, the whole body of the person deteriorates. Therefore, in addition to observational studies to identify risk factors for preventing aging, various intervention studies have been conducted to develop exercise programs and apply them to communities, hospitals, and nursing homes for helping the elderly maintain healthy lives. Until now, most aging studies have focused on physical frailty. However, social frailty and cognitive frailty affect senile health negatively just as much as physical frailty. Nevertheless, little is known about social frailty and cognitive frailty. This special issue includes original experimental studies, reviews, systematic reviews, and meta-analysis studies on the prevention of senescence (physical senescence, cognitive senescence, social senescence), high-risk group detection,</p>

differentiation, and intervention.

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