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Titolo	Group therapy for substance use disorders [[electronic resource]] : a motivational cognitive-behavioral approach // Linda Carter Sobell, Mark B. Sobell
Pubbl/distr/stampa	New York, : Guilford Press, 2011
ISBN	1-282-96749-5 9786612967498 1-60918-475-0 1-60918-052-6
Descrizione fisica	1 online resource (257 p.)
Altri autori (Persone)	SobellMark B
Disciplina	616.89/152
Soggetti	Substance abuse - Treatment Group psychotherapy Motivational interviewing Cognitive therapy Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Guided self-change treatment and its successful extension to group therapy -- Overview of motivational interviewing strategies and techniques -- Assessment : a running start for treatment -- Guided self-change treatment in an individual format -- Integrating motivational interviewing and cognitive-behavioral techniques into group therapy -- Building group cohesion : music comes from the group -- Managing groups : structural issues -- Managing difficult clients in groups -- The way ahead.
Sommario/riassunto	This authoritative book presents a groundbreaking evidence-based approach to conducting therapy groups for persons with substance use disorders. The approach integrates cognitive-behavioral, motivational interviewing, and relapse prevention techniques, while capitalizing on the power of group processes. Clinicians are provided with a detailed intervention framework and clear-cut strategies for helping clients to set and meet their own treatment goals. More than two dozen ready-

to-use reproducible assessment tools, handouts, homework exercises,
and session outlines are supplied in a co
