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Autore	Koffmann Andrew
Titolo	Introduction to psychological theories and psychotherapy // Andrew Koffmann, M. Grace Walters
Pubbl/distr/stampa	New York, New York : , : Oxford University Press, , 2014 ©2014
ISBN	0-19-939866-6 0-19-939867-4 0-19-939865-8
Descrizione fisica	1 online resource (329 p.)
Collana	Pittsburgh Pocket Psychiatry Series
Disciplina	616.89/14
Soggetti	Psychotherapy Psychology Psychiatry Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Introduction to Psychological Theories and Psychotherapy; Copyright; Contents; Detailed Contents; 1 Introduction; Overview of the Book; 2 Psychological Theories: Key Concepts; The Evolution of Psychodynamic Theory; Introduction; Freud's Life and the Origins of Psychodynamic Theory; The Vienna Psychoanalytic Society; Ego Psychology; Object Relations Theory; The Interpersonal School; Psychodynamic Approaches to Character and the Self; Child Analysis and Developmental Theory; Current Trends in Psychodynamic Theory; The Evolution of Cognitive and Behavior Therapies Behaviorism: The First Wave Behaviorism: The Second Wave; Behaviorism: The Third Wave; 3 Toward an Integrated Understanding of Psychotherapy: Useful Perspectives; Neurobiological Correlates of Psychological Theory and Psychotherapy; Neuroplasticity and Four Key Phenomena; Neurobiology and the Psychotherapy of Depression; Neurobiology and the Psychotherapy of PTSD; Summary; Research Findings in Psychology; What Do We Know About the Rate of Recovery in Psychotherapy?; In General, How Does Psychotherapy Work?;

Research Findings from Treatment Studies; Efficacy vs. Effectiveness
Monotherapy vs. Combined Treatment
Continuation and Maintenance
Psychotherapy; Bringing a Psychotherapeutic Understanding to
Pharmacotherapy; Psychotherapy Within Psychiatry: Narrowing
Indications and Broadening Options; Recommended Reading; 4
Learning Psychotherapy; Introduction; Basic Skills; Attending and
Listening skills; Restatements; Questions; Showing Empathy;
Challenges; Common Psychotherapeutic Techniques; Proposed
Learning Sequence ; Recommended Reading; 5 Current
Psychotherapies; Psychotherapy Training; Individual Psychodynamic
Psychotherapies; Psychoanalysis
Psychodynamic Psychotherapy
Transference-Focused Psychotherapy
(TFP); Mentalization-Based Treatment (MBT); Supportive Psychotherapy
(Including Psychoeducation); Play Therapy; Individual Behavior
Therapies; Cognitive-Behavioral Therapy (CBT); Exposure and Response
Prevention (ERP); Brief Cognitive Therapy for Panic Disorder; Prolonged
Exposure for Posttraumatic Stress Disorder (PE-PTSD); Dialectical
Behavior Therapy (DBT); Applied Behavior Analysis (ABA); Other
Individual Psychotherapies; Interpersonal Psychotherapy (IPT);
Motivational Interviewing (MI); Twelve-Step Facilitation
Eye Movement Desensitization and Reprocessing (EMDR)
Biofeedback for
Mental Disorders; Therapies from Complementary and Alternative
Medicine; Psychotherapy for Multiple Patients; Group Psychotherapy;
Mindfulness-Based Cognitive Therapy (MBCT); Family Therapy;
Recommended Reading; 6 Conclusions; Psychiatry, Psychotherapy, and
the Future; Anticipations in Neuroscience; Anticipations in
Psychological Theory; Next Steps: Further Training and Self-Study;
References; Glossary; Index

Sommario/riassunto

This is an introductory text on psychological theories and psychotherapy that approaches the topic from a multidisciplinary perspective. Written for psychiatry residents, but of notable relevance to other students and practitioners in medical and mental health fields, this book lays out a specific sequence for learning psychotherapy that emphasizes the fundamental importance of acquiring an appropriate foundational knowledge base in addition to learning the specific techniques of psychotherapies. Beyond emphasizing the details of major treatment models as well as the theory and research findin

2. Record Nr.	UNINA9910449771503321
Autore	Murray John F (John Frederic), <1927->
Titolo	Intensive care [[electronic resource]] : a doctor's journal // John F. Murray
Pubbl/distr/stampa	Berkeley, : University of California Press, 2000
ISBN	1-282-35689-5 0-520-92902-0 9786612356896 1-59734-681-0
Descrizione fisica	1 online resource (311 p.)
Disciplina	362.1/74
Soggetti	Intensive care units Critical care medicine Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Front matter -- Contents -- Prologue -- Day 1. Thursday -- Day 2. Friday -- Day 3. Saturday -- Day 4. Sunday -- Day 5. Monday -- Day 6. Tuesday -- Day 7. Wednesday -- Day 8. Thursday -- Day 9. Friday -- Day 10. Saturday -- Day 11. Sunday -- Day 12. Monday -- Day 13. Tuesday -- Day 14. Wednesday -- Day 15. Thursday -- Day 16. Friday -- Day 17. Saturday -- Day 18. Sunday -- Day 19. Monday -- Day 20. Tuesday -- Day 21. Wednesday -- Day 22. Thursday -- Day 23. Friday -- Day 24. Saturday -- Day 25. Sunday -- Day 26. Monday -- Day 27. Tuesday -- Day 28. Wednesday -- Epilogue -- Notes -- Acknowledgments -- Index
Sommario/riassunto	Intensive Care is an affecting view from the trenches, a seasoned doctor's minute-by-minute and day-by-day account of life in the Intensive Care Unit (ICU) of a major inner-city hospital, San Francisco General. John F. Murray, for many years Chief of the Pulmonary and Critical Care Division of the hospital and a Professor at the University of California, San Francisco, takes readers on his daily ward rounds, introducing them to the desperately ill patients he treats as well as to the young physicians and medical students who accompany him.

Writing with compassion and knowledge accumulated over a long career, Murray presents the true stories of patients who show up with myriad disorders: asthma, cardiac failure, gastrointestinal diseases, complications due to AIDS, the effects of drug and alcohol abuse, emphysema. Readers will come away from this book with a comprehensive understanding of what an ICU is, what it does, who gets admitted, and how doctors and nurses make decisions concerning life-threatening medical problems. Intensive care for critically ill patients is a new but well-established and growing branch of medicine. Estimates suggest that 15 to 20 percent of all hospitalized patients in the United States are treated in an intensive or coronary care unit during each hospital stay, so there is a real possibility that the reader will either be admitted to an ICU himself or herself or knows someone who will be. Murray not only offers a real-time account of the diagnosis, treatment, and progress of his patients over the course of one month but also conveys a wealth of information about various diseases and medical procedures in succinct and easy-to-understand terms. In addition, he elaborates on ethical dilemmas that he confronts on an almost daily basis: the extent of patient autonomy, the denial of ICU care, the withdrawal of life support, and physician-assisted suicide. Murray concludes that ICUs are doing their job, but they could be even better, cheaper, and--most important--more humane. His chronicle brings substance to a world known to most of us only through the fiction of television.
