1. Record Nr. UNINA9910458413803321 Autore J. Leslie Paul Titolo Potential not pathology: helping your clients transform using ericksonian psychotherapy / / by Paul J. Leslie Pubbl/distr/stampa Boca Raton, FL:,: Routledge, an imprint of Taylor and Francis,, [2018] ©2014 **ISBN** 0-429-90321-9 0-367-10276-5 0-429-47844-5 1-78241-306-5 Descrizione fisica 1 online resource (153 p.) Disciplina 616.89162 Soggetti Hypnotism - Therapeutic use Psychotherapy Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto COVER: CONTENTS: ACKNOWLEDGEMENTS: ABOUT THE AUTHOR: INTRODUCTION: CHAPTER ONE Developing the Erickson mindset: CHAPTER TWO Utilisation; CHAPTER THREE Altering patterns; CHAPTER FOUR Multilevel communication; CHAPTER FIVE The Renaissance man; CHAPTER SIX The possessed boy who belched; REFERENCES; INDEX This book is designed to assist counsellors who would like to use and Sommario/riassunto understand the psychotherapeutic strategies of Milton Erickson but often find it confusing, intimidating or unrealistic. Using colourful case studies and stories told in everyday language, this work will educate and help professionals in being able to understand how to adapt and apply creative and resourceful therapy interventions based on the concepts of Ericksonian psychotherapy. It will also assist clinicians and therapists in easily implementing the concepts of Ericksonian psychotherapy into their work in order to energise and revitalise their therapy sessions. Subjects explored include client resistance and client potential, the role of imagination and playfulness in the therapeutic

work, and the healing possibilities hidden within stories and

metaphors.