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Titolo	Psychotherapy after brain injury [[electronic resource] ] : principles and techniques // Pamela S. Klonoff
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Lingua di pubblicazione	Inglese
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	; 1. Introduction and Overview -- The Collaborative Model of Psychotherapy after Brain Injury -- Theoretical Frameworks Applicable for Patients with Brain Injury -- The Working Alliance -- Characteristics of Psychotherapists and Patients -- Understanding the Patient's Experience after Brain Injury -- ; 2. Guidelines for Early Psychotherapy Sessions and General Treatment Considerations -- The Initial Consultation -- The In-Depth Interview Process -- General Treatment Considerations -- Coordination of Care -- The Reimbursement Process -- ; 3. Increasing Patients' Self-Awareness -- Self-Awareness and Organic Unawareness -- A Baseline Determination of Awareness -- Individual Psychotherapy Interventions -- Adjunct Therapies for Generalizing Awareness Training -- Cognitive Retraining -- Psychoeducation Group -- Group Psychotherapy -- ; 4. Sense of Self and Identity / with Stephen M. Myles -- Grief and Mourning -- Sense of Self -- Narcissistic Rage -- Suicidality -- Values -- Identity and Social Roles -- ; 5. Increasing Acceptance -- The Nature and Determinants of Acceptance -- Adjustment = Adaptation + Assimilation --

Considerations in the Acceptance Process -- Baseline Determination of Acceptance -- Increasing Acceptance in Individual Psychotherapy -- Increasing Acceptance in Group Psychotherapy -- Three Extended Cases -- ; 6. Life Skills Training -- The Datebook -- The Home Independence Checklist -- Implementation Challenges with the HIC -- "Milieu Meetings" for the Household -- Driving -- ; 7. Family Life / with Edward Koberstein -- The Impact of Brain Injury on the Whole Family -- The Family's Role in the Patient's Recovery -- Family Interventions -- The Family Experiential Model of Recovery -- Two Extended Cases -- ; 8. Communication and Social Skills -- The Pragmatics of Communication -- Treating Pragmatic Communication Problems in Individual Psychotherapy -- Adjunct Group Therapies for Increasing Social Skills and Leisure Activities -- Reestablishing Friendships and Pursuing Enjoyable Pastimes -- Substance Abuse and Social Activities -- Dating and Romantic Relationships -- Group Psychotherapy -- ; 9. Adjustment and Treatment Termination -- The Adaptation Dimension -- The Intrapsychic Assimilation Dimension -- The Existential Assimilation Dimension -- Termination of Psychotherapy -- ; 10. Psychotherapist Self-Care: Managing Stress and Avoiding Burnout -- Countertransference -- Comorbid Diagnoses -- Burnout -- Avoiding Burnout: The Psychotherapist's "Survival Kit."

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### Sommario/riassunto

"This book presents hands-on tools for addressing the multiple ways that brain injury can affect psychological functioning and well-being. The author is a leader in the field who translates her extensive clinical experience into clear-cut yet flexible guidelines that therapists can adapt for different challenges and settings. With a focus on facilitating awareness, coping, competence, adjustment, and community reintegration, the book features helpful case examples and reproducible handouts and forms. It shows how to weave together individual psychotherapy, cognitive retraining, group and family work, psychoeducation, and life skills training, and how to build and maintain a collaborative therapeutic relationship. Subject Areas/Keywords: adjustment, assessments, clinical neuropsychology, cognition, cognitive retraining, counseling, deficits, disorders, families, family, head injury, impairments, interventions, neurological, patients, psychoeducational, psychosocial, psychotherapy, recovery, rehabilitation, remediation, sports injuries, stress, trauma, traumatic brain injury, treatments Audience: Neuropsychologists, clinical psychologists, psychiatrists, speech-language pathologists, social workers, counselors, and other professionals who work with brain-injured clients and their families" --

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