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Sommario/riassunto

In the recently updated Diagnostic and Statistical Manual of Mental Disorders (DSM-5), the diagnostic concept of hypochondriasis was eliminated and replaced by somatic symptom disorder and illness anxiety disorder. *Hypochondriasis and Health Anxiety: A Guide for Clinicians*, edited by Vladan Starcevic and Russell Noyes and written by prominent clinicians and researchers in the field, addresses current issues in recognizing, understanding, and treating hypochondriasis. Using a pragmatic approach, it offers a wealth of clinically useful information. The book also provides a critical review of the
