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Autore	Dobkin de Rios Marlene
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Nota di contenuto	Cover; Half Title; Title; Copyright; Contents; Chapter 1. An Anthropologist Becomes a Psychotherapist: Lessons from Shamanistic Healing; Medical Anthropology Concepts; The Biology of Hope; Chapter 2. Sociocultural and Psychological Assessment of the Latino Immigrant Managed Care Patient; Acculturation Stress; Socioeconomic Status of the Latino Client; Migration and Mental Health; Communication Style; Ethnic Identity and Value Orientation; Gender Issues; Cultural Mores; Health Beliefs and Practices; Chapter 3. Techniques That Work with the Spanish-Speaking Client The Social Status of the Therapist Gender of the Psychotherapist; Chapter 4. Metaphor and Misery: Does Everyone Think the Same Way?; Cognitive Development and Schooling; Metaphors: Some Examples; Chapter 5. The Typical Course of Therapy with the Spanish-Speaking, Time-Limited Patient; Chapter 6. Clinical Issues; Pain Control and the Treatment of Post-Traumatic Stress Disorder; Marital Problems Among Immigrants; Attention Deficit Disorders with Hyperactivity; Anxiety and

Depression; Anger Management; Panic Disorders; Sexual Dysfunction; Psychopharmacology and the Spanish-Speaking Patient
Rebellious TeensAIDS; Chapter 7. Alcohol, Tuberculosis, and the Spanish-Speaking Immigrant; Useful Intervention Techniques for the Latino Alcoholic Client; The Tuberculosis Patient; Chapter 8. Maria, the Murderer, and the Misogynist; The Case; The Therapy Process: The Client; The Therapy Process: The Therapist; Chapter 9. The Non-Latino Psychotherapist and the Spanish-Speaking Patient; Using Interpreters; Appendix A. Hypnotic Inductions in English and Spanish; Suggestions and Metaphors for Post-Traumatic Stress Disorder and Pain Control (English Translation); Spanish Translation
Appendix B. Tests, Scales, and Resources Available in SpanishParenting Education; Attention Deficit and Hyperactivity Disorder Resources; Book Resources; Daily Duties; Assertiveness Training; Rational-Emotive Therapy Test of Irrational Thinking; Glossary; References; Index

Sommario/riassunto

Understand the unique needs, beliefs, and values of your Latino immigrant clients!Brief Psychotherapy with the Latino Immigrant Client is a manual for the practicing psychotherapist or student, with tips on the assessment process and suggested interventions that work efficiently. With this book you will explore the influence of medical anthropological concepts on Latino immigrant populations in North America. The author draws on her experience as both a medical anthropologist and a licensed psychotherapist and on her extensive fieldwork in the Amazon for help in developing psychosoci
