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Autore	Lynn Adele B
Titolo	Quick emotional intelligence activities for busy managers [[electronic resource]] : 50 team exercises that get results in just 15 minutes / / Adele B. Lynn
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Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 189-190) and index.
Nota di contenuto	Cover; Title Page; Copyright Page; Table of Contents; Acknowledgments; Introduction; Chapter 1: A Guide to the 50 Activities; Chapter 2: What you'll See for Each Activity; Level of Risk; Purpose; Why is this Important?; When to use this Activity; Set the Stage; Materials; The Activity; Key Questions; A Word of Caution; Variation; Ask for Commitment; Chapter 3: How to use this Book; Before the Activity; During the Activity; After the Activity; Chapter 4: For the Leader; Your Mindset/Role Model; Learn More; Reinforce Behaviors; Timing and Readiness; As Your Team Develops; What If . . . Conclusion Chapter 5: The Activities; EQ 1: Mood Check; EQ 2: I can Top That; EQ 3: Lead Balloons; EQ 4: When Things Go Wrong-Our Team M.O.; EQ 5: Helium Balloons; EQ 6: Hair Triggers or Hot Buttons; EQ 7: Spirit Killers; EQ 8: UP; EQ 9: Strung Tight-Understanding M.O.s during High Stress; EQ 10: Team Trophies; EQ 11: Thank you for the Gifts; EQ 12: Who Said That?; EQ 13: Choir Director; EQ 14: Five Team Strengths-A 360 Assessment; EQ 15: Five Team Weaknesses-A 360 Assessment; EQ 16: Speak Up; EQ 17: Keep your Eye on the Eye; EQ 18: My Dirty Dozen; EQ 19: Search Warrants for the Dirty Dozen

EQ 20: PFAT Self-Scan EQ 21: PFAT Group Scan; EQ 22: People and Perceptions; EQ 23: Tuning In; EQ 24: But I didn't Mean...; EQ 25: Trading Spaces; EQ 26: What Else?; EQ 27: Channel Surfing; EQ 28: Voices in Harmony; EQ 29: Color My World; EQ 30: And Now a Word from Our Sponsor; EQ 31: Emotional Trophies; EQ 32: Secret Admirer; EQ 33: Accomplishments Flower Garden; EQ 34: Profiles in Respect; EQ 35: Perfect Team; EQ 36: Gut Check; EQ 37: Timed Reflection; EQ 38: Best Failure; EQ 39: First Impression; EQ 40: I Think; I Feel; EQ 41: Cartoon Characters; EQ 42: Throwing Rocks
EQ 43: The Pause Button EQ 44: The Pause Elf; EQ 45: Best Practices; EQ 46: Heroes; EQ 47: It's in the Air; EQ 48: My Mantra; EQ 49: Flying Values; EQ 50: What's Different?; Recommended Resources; Index; About the Author

Sommario/riassunto

""In a team situation, many issues -- like lack of trust and commitment, unresolved conflicts, and the inability of individuals to understand how their actions impact the rest of the team -- can stop even the most promising groups from delivering great results. This simple, easy-to-use book gives managers, supervisors, and team leaders activities to help their teams overcome emotional obstacles and become more effective. Readers will find powerful, proven exercises they can use to help employees:

2. Record Nr.	UNINA9910464060703321
Autore	Hill Shannen L. <1964->
Titolo	The Biko's ghost : the iconography of black consciousness // Shannen L. Hill
Pubbl/distr/stampa	Minneapolis, Minnesota ; ; London, [England] : , : University of Minnesota Press, , 2015 ©2015
Descrizione fisica	1 online resource (415 p.)
Disciplina	704.9/49305896
Soggetti	Black people in art Black people in popular culture - Race relations Art and social action - Race relations Electronic books. South Africa Race relations
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Machine generated contents note: Contents Abbreviations -- Introduction: Let's Talk about Consciousness -- 1. Shaping Modern Black Culture in the 1970's -- 2. Of Icons and Inquests: "Steve Biko, God Be with You, BPC" -- 3. Contemplating Death: Artists and Abjection -- 4. Creating a Culture of Resistance -- 5. Silencing the Censors: Black Consciousness between the Lines in the 1980's -- 6. Transitions and Truths in a New Democracy -- 7. Museum, Monument, Marking: Black Consciousness in the New Millennium -- Epilogue: "After Such a Long Time His Life Is Still Dug Out" -- Acknowledgments: I Write What I Must -- Notes -- Bibliography -- Index.
Sommario/riassunto	""When you say, 'Black is Beautiful,' what in fact you are saying. is: Man, you are okay as you are; begin to look upon yourself as a human being." With such statements, Stephen Biko became the voice of Black Consciousness. And with Biko's brutal death in the custody of the South African police, he became a martyr, an enduring symbol of the horrors of apartheid. Through the lens of visual culture, Biko's Ghost reveals how the man and the ideology he promoted have profoundly influenced

liberation politics and race discourse--in South Africa and around the globe--ever since. Tracing the linked histories of Black Consciousness and its most famous proponent, Biko's Ghost explores the concepts of unity, ancestry, and action that lie at the heart of the ideology and the man. It challenges the dominant historical view of Black Consciousness as ineffectual or racially exclusive, suppressed on the one side by the apartheid regime and on the other by the African National Congress. Engaging theories of trauma and representation, and icon and ideology, Shannen L. Hill considers the martyred Biko as an embattled icon, his image portrayals assuming different shapes and political meanings in different hands. So, too, does she illuminate how Black Consciousness worked behind the scenes throughout the 1980's, a decade of heightened popular unrest and state censorship. She shows how--in streams of imagery that continue to multiply nearly forty years on--Biko's visage and the ongoing life of Black Consciousness served as instruments through which artists could combat the abuses of apartheid and unsettle the "rainbow nation" that followed. "--
