

1. Record Nr.	UNINA9910458042403321
Titolo	Early childhood obesity prevention policies [[electronic resource] /] / Leann L. Birch, Lynn Parker, and Annina Burns, editors ; Institute of Medicine of the National Academies
Pubbl/distr/stampa	Washington, D.C., : National Academies Press, c2011
ISBN	1-283-37622-9 9786613376220 0-309-21025-9
Descrizione fisica	1 online resource (202 p.)
Altri autori (Persone)	BirchLeann L BurnsAnnina Catherine ParkerLynn
Disciplina	618.92398
Soggetti	Obesity in children - United States - Prevention Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"Early childhood obesity prevention policies." "Early Childhood Obesity Prevention Policies, Committee on Obesity Prevention Policies for Young Children."
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction -- Assessing risk for obesity in young children -- Physical activity -- Healthy eating -- Marketing and screen time -- Sleep -- Methods -- Emerging issues in early childhood obesity prevention.
Sommario/riassunto	Reviews factors related to overweight and obese children from birth to age 5, with a focus on nutrition, physical activity, and sedentary behavior, and recommends policies that can alter children's environments so that they promote the maintenance of healthy weight. Because the first years of life are important to health and well-being throughout the life span, preventing obesity in infants and young children can contribute to reversing the epidemic of obesity in children and adults. The report recommends that health care providers make parents aware of their child's excess weight early on. It also suggests that parents and child care providers keep children active throughout the day, provide them with healthy diets, limit screen time, and ensure children get adequate sleep.

2. Record Nr.	UNINA9910709757903321
Autore	Lorber Jean
Titolo	Characterizing effects of prescribed fire on forest canopy cover in the George Washington and Jefferson National Forests // Jean Lorber, Melissa Thomas-Van Gundy, and Steve Croy
Pubbl/distr/stampa	Newtown Square, PA : , : U.S. Forest Service, , 2018
Descrizione fisica	1 online resource (30 pages) : color illustrations, color maps
Collana	Research paper NRS ; ; 31
Soggetti	Vegetation management - George Washington National Forest (Va. and W. Va.) Vegetation management - Jefferson National Forest Forest canopies - George Washington National Forest (Va. and W. Va.) Forest canopies - Jefferson National Forest Forest canopy gaps - George Washington National Forest (Va. and W. Va.) Forest canopy gaps - Jefferson National Forest Prescribed burning - George Washington National Forest (Va. and W. Va.) Prescribed burning - Jefferson National Forest George Washington National Forest (Va. and W. Va.) Jefferson National Forest
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"June 2018."
Nota di bibliografia	Includes bibliographical references (pages 20-26).