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Sommario/riassunto	This book focuses on the issues facing practising clinicians wishing to engage in research. It outlines approaches involving both clients and other professionals in the research and argues for approaches that combine an exploration of the experience as well as the effectiveness of therapies. With an emphasis on `do-able¿ research, the book examines the dilemmas and challenges for clinicians in recruiting participants and combining research with clinical practice, and includes step-by-step guides to doing research projects.