

1. Record Nr.	UNICAMPANIASUN0093555
Autore	Ovidius Naso, Publius
Titolo	2: Livres 4.-6. / Ovide ; texte établi, traduit et commenté par Robert Schilling
Pubbl/distr/stampa	259 p. (1-103 doppie) ; 20 cm
Edizione	[Paris : Les belles lettres]
Descrizione fisica	Testo originale a fronte.
 Lingua di pubblicazione	Francese
	Latino
Formato	Materiale a stampa
Livello bibliografico	Monografia
 2. Record Nr.	UNINA9910457865203321
Autore	Miller Geraldine A. <1955->
Titolo	Group exercises for addiction counseling [[electronic resource] /] / Geri Miller
Pubbl/distr/stampa	Hoboken, : John Wiley and Sons, 2012
ISBN	1-118-22879-0 1-280-59021-1 9786613620040 1-118-22122-2
Descrizione fisica	1 online resource (145 p.)
Disciplina	616.860651
Soggetti	Group psychotherapy Drug abuse counseling Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.

## Nota di contenuto

Group Exercises for Addiction Counseling; Contents; Preface; Acknowledgments; 1 Introduction; Personal Reflections; Main Section Points; Overview; 2 Philosophy and Practice of Group Work; Personal Reflections; Philosophy of Group Therapy; Types of Groups; Stages of Group Development; Stage 1; Stage 2; Stage 3; Stage 4; Group Leader Techniques; Specific Issues; Therapist Self-Care; Words to the Wise; Developing an Addictions Counseling Group; Handling Stage 2 Confrontations of the Leader; Addressing Specific Addiction Issues; Developing Group Member Awareness; References; 3 Group Exercises IcebreakersAddiction Recovery; Family/Relationships/Culture; Family; Relationships; Culture; Feelings Exploration; Group Community Building; Self-Esteem; Recovery Skills: Communication/Mindfulness/Problem Solving; Communication; Mindfulness; Problem Solving; Values; Openers; Opening Statements; General Opening Activities; Specific Opening Activities; Closers; Closing Statements; General Closing Activities; Specific Closing Activities; 4 Resources; Readings; Workbooks/Exercises; Icebreaker Exercises; Websites

## Sommario/riassunto

"Created to meet the unique needs of addiction professionals, this practical resource offers suggestions for effectively using activities in groups. It addresses common issues counselors frequently need to discuss with clients and provides an array of "tried and true" techniques and exercises designed to help clients develop interpersonal relationship skills and the individual awareness needed to make responsible choices. The accompanying CD-ROM contains all the exercises allowing therapists to customize them to fit their needs"-- Provided by publisher.