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Descrizione fisica	1 online resource (145 p.)
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Soggetti	Group psychotherapy Drug abuse counseling Electronic books.
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Group Exercisesfor AddictionCounseling; Contents; Preface; Acknowledgments; 1 Introduction; Personal Reflections; Main Section Points; Overview; 2 Philosophy and Practice of Group Work; Personal Reflections; Philosophy of Group Therapy; Types of Groups; Stages of Group Development; Stage 1; Stage 2; Stage 3; Stage 4; Group Leader Techniques; Specific Issues; Therapist Self-Care; Words to the Wise; Developing an Addictions Counseling Group; Handling Stage 2 Confrontations of the Leader; Addressing Specific Addiction Issues; Developing Group Member Awareness; References; 3 Group Exercises IcebreakersAddiction Recovery; Family/Relationships/Culture; Family; Relationships; Culture; Feelings Exploration; Group Community Building; Self-Esteem; Recovery Skills: Communication/ Mindfulness/Problem Solving; Communication; Mindfulness; Problem Solving; Values; Openers; Opening Statements; General Opening Activities; Specific Opening Activities; Closers; Closing Statements; General Closing Activities; Specific Closing Activities; 4 Resources; Readings; Workbooks/Exercises; Icebreaker Exercises; Websites
Sommario/riassunto	"Created to meet the unique needs of addiction professionals, this

practical resource offers suggestions for effectively using activities in groups. It addresses common issues counselors frequently need to discuss with clients and provides an array of "tried and true" techniques and exercises designed to help clients develop interpersonal relationship skills and the individual awareness needed to make responsible choices. The accompanying CD-ROM contains all the exercises allowing therapists to customize them to fit their needs"--
Provided by publisher.
