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Titolo	Secrets of an executive coach [[electronic resource]] : proven methods for helping leaders excel under pressure // Alan Downs
Pubbl/distr/stampa	New York, : AMACOM, c2002
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Descrizione fisica	1 online resource (256 p.)
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Soggetti	Executives - Training of Executive ability Mentoring in business Business consultants Electronic books.
Lingua di pubblicazione	Inglese
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Note generali	Includes index.
Nota di contenuto	Preliminaries; Contents; ONE: MAKE IT PERSONAL; TWO: LOOK 'EM SQUARE IN THE EYE; THREE: WHAT IS A CRISIS, ANYWAY?; FOUR: TELLTALE SIGNS OF THE EXECUTIVE IN CRISIS; FIVE: UNDERSTANDING THE EXECUTIVE EGO; SIX: THE FEAR COMPLEX; SEVEN: COACHING FOR CHANGE; EIGHT: GAMES EXECUTIVES PLAY; NINE: THE CRISIS OF INDIVIDUATION; TEN: THE CRISIS OF INFERIORITY; ELEVEN: THE CRISIS OF ISOLATION; TWELVE: THE CRISIS OF PASSION; THIRTEEN: THE CRISIS OF COMMITMENT; FOURTEEN: THE CRISIS OF SELF-CONFIDENCE; FIFTEEN: COACHING TOOLS; SIXTEEN: THE BUSINESS OF COACHING; INDEX
Sommario/riassunto	Unique insights on how to root out and resolve the interior crises that can cripple an executive's career.