

1. Record Nr.	UNINA9910457823503321
Autore	Denning Patt <1950->
Titolo	Practicing harm reduction psychotherapy [[electronic resource] ] : an alternative approach to addictions / / Patt Denning, Jeannie Little
Pubbl/distr/stampa	New York, N.Y., : Guilford Press, 2011
ISBN	1-4625-0319-5 1-283-34040-2 9786613340405 1-4625-0234-2
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (385 pages)
Altri autori (Persone)	LittleJeannie
Disciplina	616.89/14
Soggetti	Substance abuse - Complications - Prevention Psychotherapy Substance abuse - Treatment Substance abuse - Social aspects Harm reduction Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Front Matter; Contents; Chapter 1--Why Practice Harm Reduction Psychotherapy?; Chapter 2--What Is Harm Reduction Psychotherapy and Whom Is It For?; Chapter 3--Assessment as Treatment; Chapter 4--Developing a Treatment Plan; Chapter 5--The Fundamentals of Harm Reduction Psychotherapy; Chapter 6--The Psychodynamic Matrix of Harm Reduction Psychotherapy; Chapter 7--Motivational and Cognitive-Behavioral Contributions to Harm Reduction Psychotherapy; Chapter 8--The Role of Biology in Harm Reduction Psychotherapy; Chapter 9--Harm Reduction Psychotherapy in Community-Based Settings Chapter 10--Harm Reduction Psychotherapy in GroupsChapter 11--The Power of Connection; Chapter 12--What Does It Take to Practice Harm Reduction Psychotherapy?; Appendix A--Differential Diagnosis; Appendix B--Harm Reduction Supervision; Appendix C--Additional Resources; Appendix D--Recommended Readings; References; Author

Sommario/riassunto

"Subject areas/key words: abstinence, addictions, addictive behaviors, alcoholism, counseling, dependence, drug abuse, dual diagnosis, harm reduction, interventions, psychotherapy, recovery, substance use disorders, treatments Brief Summary: This acclaimed clinical guide has helped thousands of clinicians put the proven principles of harm reduction into practice with therapy clients who have substance use problems. Written by pioneers in the field, the book shows how to do effective therapeutic work with people still using alcohol or other drugs. It provides clear guidelines for conducting comprehensive assessments, making collaborative treatment decisions, and implementing interventions that combine motivational, cognitive-behavioral, and psychodynamic strategies. The focus is reducing drug-related harm while also addressing co-occurring psychological and emotional difficulties. Detailed clinical illustrations are featured throughout"--

---