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Nota di contenuto	COVER; CONTENTS; ABOUT THE AUTHOR; PREFACE TO THE SERIES; Introduction; CHAPTER ONE The legacy of Freud on religion; CHAPTER TWO Jung: the symbolic and the arcane; CHAPTER THREE The creation of our internal image of God: influences personal, developmental, and cultural; CHAPTER FOUR Spirituality, and God as a transitional object; CHAPTER FIVE Evaluating spiritual and mystical experiences: from inspiration to addiction; CHAPTER SIX Evaluating spiritual and mystical experiences: the importance of the ego in seeing visions or hearing voices CHAPTER SEVEN Evaluating spiritual and mystical experiences: from identification to possession-myths of the hero/saviour and of the Devil CHAPTER EIGHT Conclusion; REFERENCES; INDEX
Sommario/riassunto	"Understanding Religion and Spirituality in Clinical Practice is a volume in the clinical practice monograph series from the Society of Analytical Psychology. This series is intended primarily for trainees on psychotherapy and psychodynamic counselling courses, and for those

who are newly qualified. Here, Margaret Clark considers the difficulties clinicians may encounter when patients talk about God or about their spiritual life, and how necessary it is for therapists to examine their own image of God and their own understanding of spirituality, so that they can distinguish these from those of their patients. She emphasizes how varied are people's images and understanding of what "God" stands for, and how in healthy development these will change over time. The book demonstrates, through numerous clinical vignettes, how clinicians can understand a patient's talking about religion or about God - hearing the voice of God, having a vision of God, or being convinced that God wants them to act in a particular way; or, equally, seeing the Devil. The book differentiates between religion and spirituality, and between religious and spiritual aims and practices. It also distinguishes some mystical and spiritual experiences from those which are considered psychotic. There is reference to major theorists throughout, particularly to Freud, Jung, and Winnicott."--Provided by publisher.
