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Nota di bibliografia	Includes bibliographical references (p. 257-272) and index.
Nota di contenuto	Artful Therapy; Contents; Illustrations; DVD Contents; Acknowledgments; Preface; Chapter 1: Overview; Chapter 2: Why Add Art?; Chapter 3: Inviting Art-Making; Chapter 4: During the Process; Chapter 5: After the Process; Chapter 6: Using Art in Assessment; Chapter 7: Art Therapy Assessments; Chapter 8: Art in Adult Therapy; Chapter 9: Art in Child Therapy; Chapter 10: Art in Family and Group Therapy; Chapter 11: Using Other Art Forms; Chapter 12: Using Mental Imagery; Chapter 13: Assigning the Arts; Chapter 14: Using Art Therapists; Postscript; Appendix A: More about Art Materials Appendix B: More about Different Approaches Appendix C: More about Art Activities; References; Index; About the Author; About the DVD-ROM;
Sommario/riassunto	This resourceful guide presents proven techniques of art therapy to mental health professionals and allied workers with little or no background in art. The author, an art therapist with over 40 years of experience in teaching and working with clients, cleverly describes how art and visual imagery can enhance the therapeutic experience of clients of varying ages and abilities and clearly explains how to incorporate art into the therapy process as another tool in the therapist's kit.

