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Titolo	Manual of cancer treatment recovery [[electronic resource]] : what the practitioner needs to know and do / / Stewart B. Fleishman
Pubbl/distr/stampa	New York, : Demos Medical, c2012
ISBN	1-280-57049-0 9786613600097 1-61705-061-X
Descrizione fisica	1 online resource (235 p.)
Disciplina	616.99/4
Soggetti	Cancer - Treatment Cancer - Patients - Rehabilitation Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Emerging needs of survivorship : the Institute of Medicine report, from cancer patient to cancer survivor : lost in transition -- Early intervention to improve treatment outcomes -- Apply survivorship tools early in care -- Comorbidities and cancer survivorship -- Easing communication in multi-provider management -- Effectively managing the transitional points in care -- Tools for survivorship : the LEARN system : living, education, activity, rest, nutrition -- Finding meaning and purpose to sustain oneself during treatment ("living") -- Knowing about cancer and its treatment eases uncertainty ("education") -- Maintaining activity during treatment improves outcomes ("activity" and exercise) -- Resting and sleeping effectively furthers recovery ("rest" and sleep) -- Maintaining optimal nutrition eases time in treatment and recovery ("nutrition") -- Giving forward.