1. Record Nr. UNINA9910457518603321 Autore Cassileth Barrie R **Titolo** The complete guide to complementary therapies in cancer care [[electronic resource]]: essential information for patients, survivors and health professionals / / Barrie R. Cassileth Hackensack, N.J., : World Scientific, c2011 Pubbl/distr/stampa **ISBN** 1-283-43362-1 9786613433626 981-4335-66-5 Descrizione fisica 1 online resource (381 p.) Disciplina 616.99406 Cancer - Alternative treatment Soggetti **Tumors - Treatment** Alternative medicine Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Includes index. Note generali Nota di contenuto Contents: Introduction: How this Book is Organized: Some Curious Background Events; Avoid Potentially Dangerous or Worthless Remedies; Proper Research and Why it is Necessary; Purpose and Organization of this Book; Part One: Ancient Routes to Health and Spiritual Fulfillment; Part One Overview; 1 Acupuncture; What It Is; Modern Acupuncture; What Practitioners Say It Does; Beliefs on Which It Is Based; Meridians; Research Evidence to Date; What It Can Do for You; The Acupuncture Advantage; Where to Get It; 2 Ayurveda; What It Is; What Practitioners Say It Does: Beliefs on Which It Is Based ChakrasResearch Evidence to Date; What It Can Do for You; Where to Get It; An Attraction of Ayurveda; 3 Chinese Medicine, Traditional (TCM); What It Is: What Practitioners Say It Does; Beliefs on Which It Is Based; The Importance of Balance; Research Evidence to Date; Place; What It Can Do for You; Where to Get It; 4 Homeopathy; "The Like Cures Like" Basis for Homeopathic Treatments: Ancient Law of Similars: What

It Is; What Practitioners Say It Does; Beliefs on Which It Is Based; A Typical Homeopathic Visit; Research Evidence to Date; What It Can Do

for You; Where to Get It

The British Government Report of 20105 Native American Healing; What It Is; Shamanic Practices; Place; Symbolic Healing Rituals; What Practitioners Say It Does; Beliefs on Which It Is Based; Research Evidence to Date; What It Can Do for You; Where to Get It; 6 Naturopathic Medicine; What It Is; Naturopathic techniques and areas of care; Place; A naturopathic first; What Practitioners Say It Does; Beliefs on Which It Is Based; Research Evidence to Date; What It Can Do for You; Where to Get It; Part Two: Dietary and Herbal Remedies; Part Two Overview

7 Regulatory Issues: Who's Minding the Store? The Supplement Shambles; U.S. Government agencies that regulate dietary supplements; 8 Dietary Supplements; Basic Facts about Vitamins; Not as Simple as We Think (or as we would like); A Note about Some Especially Popular Vitamin Supplements; What It Is; What Practitioners Say It Does; Megavitamin and orthomolecular therapy; Beliefs on Which It Is Based; Research Evidence to Date; What It Can Do for You; Where to Get It; 9 Fasting and Juice Therapies; What It Is; What Practitioners Say It Does; Beliefs on Which It Is Based

Research Evidence to DateWhat It Can Do for You; 10 Flower Remedies; What It Is; Producing flower remedies: Bach's method; What Practitioners Say It Does; Beliefs on Which It Is Based; Research Evidence to Date; What It Can Do for You; Where to Get It; 11 Herbal Medicine; What It Is; Caution; What Practitioners Say It Does; Beware Unlikely Promises! The Blue-Green Algae Cancer Cure; The potential power of herbal ingredients; The Story of Taxol; Beliefs on Which It Is Based; Research Evidence to Date; What It Can Do for You; Recommended References

Warning: Herbal Products with Serious Toxic Effects

Sommario/riassunto

With recent clinical advances, millions of people survive many years after a cancer diagnosis. And while their physicians deliver conventional, evidence-based therapies to treat the cancer, sometimes the cancer patient and his or her symptoms are not treated with equal skill. To manage their physical and emotional symptoms and promote health and well-being, most cancer patients and survivors use complementary therapies: Naturopathy, Ayurveda, herbalism, homeopathy, hypnosis, yoga, acupuncture, music therapy, macrobiotics, chelation therapy, colonics, hydrotherapy and many, many more. But ... are