

1. Record Nr.	UNINA9910457503103321
Titolo	The social cure : identity, health and well-being // edited by Jolanda Jetten, Catherine Haslam & S. Alexander Haslam
Pubbl/distr/stampa	Hove ; ; New York : , : Psychology Press, , 2012
ISBN	1-283-44318-X 9786613443182 0-203-81319-7 1-136-69826-4
Descrizione fisica	1 recurso electrónico (XVII,390 p.)
Altri autori (Persone)	HaslamCatherine HaslamS. Alexander JettenJolanda
Disciplina	302.3
Soggetti	Social networks - Psychological aspects Group identity Health - Social aspects Well-being - Social aspects Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	pt. 1. Social identity, health, and well-being -- pt. 2. Social identity, stigma, and coping -- pt. 3. Social identity, stress, and trauma -- pt. 4. Social identity, recovery, and rehabilitation -- pt. 5. Conclusion.
Sommario/riassunto	A growing body of research shows that social networks and identities have a profound impact on mental and physical health. With such mounting evidence of the importance of social relationships in protecting health, the challenge we face is explaining why this should be the case. What is it that social groups offer that appears to be just as beneficial as a daily dose of vitamin C or regular exercise?This edited book brings together the latest research on how group memberships, and the social identities associated with them, determine people's health and well-being.

