

1. Record Nr.	UNINA9910457424003321
Autore	Klein Mavis
Titolo	Being a therapist [[electronic resource] ] : a practioner's handbook // Mavis Klein
Pubbl/distr/stampa	London, : Karnac, 2012
ISBN	0-429-89704-9 0-429-47227-7 1-283-44861-0 9786613448613 1-84940-957-9
Descrizione fisica	1 online resource (168 p.)
Disciplina	616.8914
Soggetti	Behavior therapy Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	Cover; Copy Right; Content; ABOUT THE AUTHOR; INTRODUCTION; CHAPTER ONE: Zeitgeist; CHAPTER TWO: Believing; CHAPTER THREE: Thinking; CHAPTER FOUR: Five personality types; CHAPTER FIVE: Feeling
Sommario/riassunto	Our contemporary world is one in which 'the customer is always right', and therapists, like many other professionals, are increasingly beset by rules and regulations that undermine their authority and autonomy. While many books emphasize the therapist's duties and obligations in maintaining the well being of his or her clients, this book is intended to redress the balance in favour of emphasizing the well being of the therapist. Mavis Klein draws on her thirty-five years of experience as an individual, group, and family therapist to provide trainee and beginner therapists with confidence in the p