

1. Record Nr.	UNINA9910457311903321
Autore	Nhat Hanh, Thich, <1926-2022.>
Titolo	Thundering silence [[electronic resource]] : sutra on knowing the better way to catch a snake // Thich Nhat Hanh
Pubbl/distr/stampa	Berkeley, Calif., : Parallax Press, 2009
ISBN	1-935209-01-9
Edizione	[2nd ed.]
Descrizione fisica	vi, 70 p
Altri autori (Persone)	LaityAnnabel
Disciplina	294.3/823
Soggetti	Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"Translated from the Vietnamese by Annabel Laity."
Nota di contenuto	<p>Introduction -- Sutra on knowing the better way to catch a snake --</p> <p>Commentaries: the purpose of the sutra -- Circumstances under which the sutra was delivered -- The title -- Ariththa's misunderstanding --</p> <p>Sense pleasures as disasters -- The danger of misunderstanding the teachings -- Catching a snake -- The raft is not the shore -- The finger pointing at the moon -- The pheasant -- Breaking the bonds --</p> <p>Thundering silence -- No-self -- Ditthi-nissaya (view-refuge) -- The way to practice the teachings of no-self -- The non-achieved and the non-expressed -- Impermanence -- Nirvana -- Tathagata -- Treating wrong understanding.</p>
Sommario/riassunto	<p>In Thundering Silence, Thich Nhat Hanh presents the early teachings of the Buddha on how to see reality clearly without becoming caught by notions and ideologies, however noble. These teachings illustrate how playfulness, openness, and non-attachment from views are essential elements for liberating us from our mental contractions so that we can enjoy our lives more fully. Nhat Hanh demonstrates the practical applications of these teachings in everyday life. Near the end of his life, the Buddha declared, "during forty-five years, I have not said a word" to encourage his students to avoid being caught by words or ideas." Thich Nhat Hanh calls this "the thundering silence of a Buddha."</p>