

1. Record Nr.	UNINA9910457288403321
Autore	Kottler Jeffrey A.
Titolo	One life at a time : helping skills and interventions // Jeffrey A. Kottler & Leah Brew
Pubbl/distr/stampa	New York ; ; London : , : Routledge, , 2003
ISBN	1-138-41524-3 1-135-15723-5 1-322-98287-2 1-280-09521-0 0-203-50906-4
Descrizione fisica	1 online resource (321 p.)
Altri autori (Persone)	BrewLeah <1967->
Disciplina	158/.3
Soggetti	Counseling Psychotherapy Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 303-307) and index.
Nota di contenuto	The process revealed -- Clients in need : individual, social, and cultural factors -- Models of helping -- Skills for building collaborative relationships -- Skills of assessment and diagnosis -- Exploration skills -- Promoting understanding and insight -- Facilitating action -- Maintaining progress and evaluating results -- Skills of family intervention and consultation -- Group leadership skills -- Where to go next.
Sommario/riassunto	Refreshing, highly practical, and student-centred, this dynamic text covers all the basic skills and core interventions helpers-in-training need to know in order to begin seeing clients.