

1. Record Nr.	UNINA9910457281703321
Autore	Kramer Milton <1929->
Titolo	The dream experience [[electronic resource]] : a systematic exploration // Milton Kramer
Pubbl/distr/stampa	New York, : Routledge, c2007
ISBN	1-135-91897-X 1-135-91898-8 1-281-08211-2 9786611082116 0-203-94370-8
Descrizione fisica	1 online resource (262 p.)
Disciplina	154.6/3
Soggetti	Dreams Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 211-229) and index.
Nota di contenuto	Do dreams exist? -- The recall and collection of dreams -- The measurement of dreams -- Dreams and psychological differences -- Normative dreams, typical dreams, and repetitive dreams -- Psychopathologic dreams (nightmares) and dreams in psychopathologic states -- The reactive nature of dreaming -- Dreams and waking thought -- Dream meaning -- The functions of dreams -- The biology of dream formation -- Journey's end? no, a time for assessment.
Sommario/riassunto	Provides a scientific basis for understanding the dream as a psychological event. This book establishes that dreams are structured, not random, and linked meaningfully to conscious events in daily life and past memories. It explores this link between dreams and consciousness.