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Sommario/riassunto	""This is the reference guide you dream about--answers to all your important questions written in a language you can understand. For everyone who wants better health and peace of mind." --Diane Sawyer, Co-anchor of ABC News' Good Morning America and PrimeTime Thursday""An important, practical, easy-to-read, and easy-to-understand source of information for anyone with a chronic gastrointestinal problem." --Isadore Rosenfeld, M.D., Rossi

Distinguished Professor of Clinical Medicine at Weill Medical College of Cornell University and bestselling author of *Digestive Ailments*,

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