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Nota di contenuto	Cover; Copy Right; ACKNOWLEDGEMENTS; ABOUT THE AUTHOR; PREFACE; INTRODUCTION; PART I: ALL ABOUT ASPERGER'S SYNDROME; INTRODUCTION; CHAPTER ONE: Asperger's syndrome-overview; CHAPTER TWO: What is Asperger's and why is it a problem?; CHAPTER THREE: How does it arise?; CHAPTER FOUR: What do we currently know about this condition?; CHAPTER FIVE: Current support is poor; CHAPTER SIX: We don't know what these people are capable of; CHAPTER SEVEN: We know that bad experiences generate negative psychology; CHAPTER EIGHT: Families are central; PART II: ALL ABOUT COACHING; INTRODUCTION CHAPTER NINE: CoachingCHAPTER TEN: Practical coaching; CHAPTER ELEVEN: Coaching process; CHAPTER TWELVE: Boundaries and behaviour; CHAPTER THIRTEEN: Coaching people forward; CHAPTER FOURTEEN: Coaching out of crisis; PART III: SPECIFIC ISSUES; INTRODUCTION; CHAPTER FIFTEEN: Social skills; CHAPTER SIXTEEN: Addiction and habit; CHAPTER SEVENTEEN: Anger management;

CHAPTER EIGHTEEN: Romance; CHAPTER NINETEEN: Money; CHAPTER TWENTY: Family bonds: parents' experiences; CHAPTER TWENTY-ONE: Special interests; PART IV: APPENDICES; APPENDIX 1: Information sheet; APPENDIX 2: Coaching fundamentals
APPENDIX 3: Coaching tipsREFERENCES

Sommario/riassunto

This book arises from a lifetime's practical experience of work with people with Asperger's syndrome and autism. People with Asperger's syndrome easily drop through the net and fall into the wrong services - sometimes staying at home, depending on their families, sometimes falling into criminal justice or mental health services. Others, of course, fall into employment. Those in between, and there are many, benefit from the coaching approach developed by Bill Goodyear, which is described in this book.
