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| Autore | Dowbiggin Ian Robert <1952-> |
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| Sommario/riassunto | This is the story of one of the most far-reaching human endeavors in history: the quest for mental well-being. From its origins in the eighteenth century to its wide scope in the early twenty-first, this search for emotional health and welfare has cost billions. In the name of mental health, millions around the world have been tranquilized, institutionalized, psycho-analyzed, sterilized, lobotomized and even euthanized. Yet at the dawn of the new millennium, reported rates of depression and anxiety are unprecedentedly high. Drawing on years of |

field research, Ian Dowbiggin argues that if the quest for emotional well-being has reached a crisis point in the twenty-first century, it is because mass society is enveloped by cultures of therapism and consumerism, which increasingly advocate bureaucratic and managerial approaches to health and welfare.
