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| Nota di contenuto       | pt. 1. Theory of the mechanisms of defense -- pt. 2. Examples of the avoidance of objective unpleasure and objective danger preliminary stages of defense -- pt. 3. Examples of two types of defense -- pt. 4. Defense motivated by fear of the strength of the instincts. |
| Sommario/riassunto      | A classsic contribution to psychoanalytic psychology written by a pioneer of child analysis, it is illustrated by fascinating clinical pictures drawn from the analysis of children and adolescents. A founding text in ego psychology.                                    |