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| Nota di contenuto | COVER; Contents; About the Author; Preface to the Series; Introduction; CHAPTER ONE THE UNCONSCIOUS PSYCHE; CHAPTER TWO EGO AND SELF: DEFINING AND DIFFERENTIATING; CHAPTER THREE SUB-PERSONALITIES AND INTERNAL OBJECTS; CHAPTER FOUR THE SELF-EGO RELATIONSHIP IN INFANCY AND CHILDHOOD; CHAPTER FIVE EGO DEVELOPMENT IN THERAPY WITH ADULTS; CHAPTER SIX THE SELF-EGO RELATIONSHIP IN THE THERAPIST; CHAPTER SEVEN INDIVIDUATION: DIALOGUE WITH ONE'S SELF; CHAPTER EIGHT INDIVIDUATION: RELATING TO OTHER PEOPLE; REFERENCES; INDEX |
| Sommario/riassunto | "Understanding the Self-Ego Relationship in Clinical Practice: Towards Individuation is a volume in the clinical practice monograph series from The Society of Analytical Psychology. This series is intended primarily for trainees on psychotherapy and psychodynamic counselling courses, and for those who are newly qualified. These compact editions will be invaluable to all who wish to learn the basics of major theories derived from the work of Freud and Jung, from an integrated viewpoint. The |

authors are Jungian analysts trained at the SAP, highly experienced in both theory and practice. Margaret Clark argues for the profound importance of trusting the unconscious psyche in therapeutic work with adults. She considers various analytical meanings of the term "the self", with reference to a wide range of theorists, and various ways of thinking about the development of the ego. She uses primarily a Jungian model of the psyche from a developmental perspective, based on the assumption that the ego evolves in infancy and childhood out of a primary psychosomatic self. The self remains always greater than the ego and has infinite resources on which the ego can draw. The ongoing process of including more of this self in consciousness is what Jung calls "individuation".--Provided by publisher.
