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Autore	Gauld Malcolm <1954->
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Sommario/riassunto	As a lifelong teacher, Malcolm Gauld has watched thousands of kids go off to college. Some return to visit after their first year exuding the vibe of conquering heroes. Others look, well, pretty bummed out. This book offers a plan to help the new college student complete Year #1 as a member of the first group. With anecdotes from current college students and recent graduates, the book presents five simple rules.