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2. Record Nr.	UNINA9910456934103321
Titolo	Medical hypnosis primer : clinical and research evidence / / Arreed Barabasz. [et al.], editors
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Altri autori (Persone)	BarabaszArreed F
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Book Cover; Title; Copyright; Contents; Editors; Contributors; Introduction; Chapter 1 Hypnosis concepts; Chapter 2 Hypnosis testing; Chapter 3 Acute pain; Chapter 4 Chronic pain; Chapter 5 Childhood problems; Chapter 6 Posttraumatic stress disorder (PTSD); Chapter 7 Surgery; Chapter 8 Childbirth; Chapter 9 Hypnosis and sleep; Chapter 10 Depression; Chapter 11 Stress and anxiety; Chapter 12 Procedural hypnosis; Appendix A: Hypnosis glossary; Appendix B: Contributor contacts; Appendix C: International and national societies of hypnosis; Appendix D: Further study; References; Index
Sommario/riassunto	This brief Primer, assembled by top recognized hypnosis authorities, briefly presents the basic concepts of modern medical hypnosis and encourages mental health care practitioners to learn how to use hypnosis as an adjunct to standard medical care. It also lays the groundwork for the teaching and practice of hypnosis as part of the required syllabus for every medical and nursing school as well as graduate programs in clinical and counseling psychology. Medical Hypnosis Primer goes far in advancing the medical and factual aspects of this still greatly misunderstood field, a