

1. Record Nr.	UNINA9910456885703321
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Titolo	Research in psychotherapy and counselling [[electronic resource] /] / Ladislav Timulak
Pubbl/distr/stampa	Los Angeles, [Calif.] ; ; London, : SAGE, c2008
ISBN	1-4462-4476-8 1-4129-4579-8 1-85702-311-0 1-282-56046-8 9786612560460 0-85702-311-X
Edizione	[New ed.]
Descrizione fisica	1 online resource (233 p.)
Disciplina	616.8914072
Soggetti	Psychotherapy - Research Counseling - Research Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"This text is based on the book Soucasny vyzkum psychoterapie (Timulak, 2005), which was written in Slovak and the translated into Czech. The text of this book was first translated ... and then edited, revised and updated by me"--Acknowledgements.
Nota di bibliografia	Includes bibliographical references (p. [190]-212) and index.
Nota di contenuto	Cover; Contents; Acknowledgements; Introduction; PART I - PSYCHOTHERAPY AND COUNSELLING OUTCOME RESEARCH; 1 Instruments Used in Psychotherapy and Counselling Outcome Research; 2 Randomized Control Trials; 3 Alternatives to Randomized Control Trials; 4 Meta-analyses and Systematic Reviews; 5 Empirically Supported Treatments; 6 Dose-Effect Research; 7 Client and Therapist Characteristics and the Effect of Psychotherapy; Conclusion; PART II - PSYCHOTHERAPY AND COUNSELLING PROCESS RESEARCH; 8 Instruments Used in Psychotherapy and Counselling Process Research 9 Some Methodological Problems of Researching the Therapy Process10 Process-Outcome Research; 11 Descriptive Investigation of the Therapeutic Process; 12 Testing Theories of Therapeutic Change and Therapeutic Processes; Conclusion; PART III - CONTEXT AND

PRACTICE; 13 Research on the Context of Psychotherapy and Counselling; 14 The Link between Research and Practice; Conclusion; Glossary; References; Index

Sommario/riassunto

Empirical knowledge is becoming central for training in psychotherapy. This title explores different areas of psychotherapy and counselling research - research methods evidence-based practice, research design and data analysis - with multiple study examples.
