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Altri autori (Persone)	ByrtRichard DooherJames
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Nota di contenuto	Cover; Prelims; Contents; About the authors; Chapter 1 A holistic approach; Chapter 2 Violence and aggression in services and the social context; Chapter 3 Essential principles and theoretical models; Chapter 4 Safe, therapeutic environments; Chapter 5 De-escalation: reducing arousal and aggression; Chapter 6 Non-verbal and verbal communication; Chapter 7 Biological explanations of violence and aggression; Chapter 8 Culture, diversity and communication; Chapter 9 Individuals with specific communication needs; Chapter 10 More on individuals with specific communication needs Chapter 11 Clients' physical health needs Chapter 12 Psychosocial interventions, including cognitive behavioural therapy; Chapter 13 Other types of psychotherapy and therapeutic communities; Conclusion; References; Index
Sommario/riassunto	No one should face aggression or violence in the workplace but these problems are increasingly being reported by health and social care workers and the people using their services. This helpful book explores

the reasons why some individuals may become aggressive or violent and explains how a holistic approach can offer effective ways of preventing, anticipating, reducing and dealing with aggression and violence when they arise. By critically exploring the common issues and difficulties encountered by professionals, the authors provide valuable insights into this behaviour and how to implement
