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Baerlocher, Mark O. -- SECTION 3. Motor Sports -- 16. Snowmobiling / Heinicke, Sheila / Tator, Charles H. -- 17. All Terrain Vehicle Riding / Heinicke, Sheila / Tator, Charles H. -- 18. Motorbiking / Paesani, Vanessa I. / Tator, Charles H. -- 19. Dirt-Biking (Off-Road Motorcycling) / Ovakim, Daniel H. -- 20. Other Motor Sports: Mopedding, Motorcycling, Mini-biking, Trail-Biking, Stock Car Driving, Go-Carting / Muzumdar, Pemma -- SECTION 4. Winter Sports -- 21. Ice Hockey / Saleh, Fady / Tator, Charles H. -- 22. Ice Skating / Jalal, Adnan / Tator, Charles H. -- 23. Alpine Skiing / Simson, Helen / Tator, Charles H. -- 24. Snowboarding / Ackery, Alun -- 25. Cross-Country Skiing / Ricciuto, Daniel R. -- 26. Tobogganing and Sledding / Baerlocher, Mark O. / Tator, Charles H. -- 27. Other Winter Sports: Ringette, Curling, Boot Hockey, Broomball / Muzumdar, Pemma / Tator, Charles H. -- SECTION 5. Bicycling and Other Street Activities -- 28. Bicycling / Saleh, Fady / Simson, Helen / Tator, Charles H. -- 29. In-Line Skating / Baerlocher, Mark O. / Koch, Cynthia / Saleh, Fady -- 30. Skateboarding / Butt, Bilal / Tator, Charles H. -- 31. Running and Jogging / Butt, Fatima / Tator, Charles H. -- SECTION 6. Air Sports -- 32. Flying Small Aircraft / Giffin, Meredith / Baerlocher, Mark O. -- 33. Other Air Sports: Ultralight Air Sports, Hang-Gliding, Para-gliding, Gliding / Rahman, Sana / Tator, Charles H. -- 34. Parachuting / Baerlocher, Mark O. -- SECTION 7. Field Sports -- 35. Baseball / Ackery, Alun -- 36. Football / Saleh, Fady -- 37. Soccer 470 / Saleh, Fady / Jalal, Adnan -- 38. Rugby / Saleh, Fady -- 39. Other Field Sports Track and Field, Field Hockey, Lacrosse / Muzumdar, Pemma -- SECTION 8. Racquet Sports -- 40. Badminton / Rahman, Sana / Tator, Charles H. -- 41. Racquetball / Pirzada, Kashif -- 42. Squash / Ahmed, Ishtiaq -- 43. Tennis / Jalal, Adnan -- SECTION 9. Equestrian Sports -- 44. Horseback Riding / Provvidenza, Christine -- SECTION 10. Floor Sports -- 45. Basketball / Fatima, Mariam / Tator, Charles H. -- 46. Floor Hockey / Butt, Bilal / Motwani, Prakash / Tator, Charles H. -- 47. Gymnastics / Jalal, Adnan -- 48. Wrestling / Saleh, Fady -- 49. Martial Arts: Karate and Tae Kwon Do / Baerlocher, Mark O. -- 50. Other Floor Sports: Weightlifting, Volleyball, Handball, Gym, Boxing, Kick-Boxing / Rahman, Sana -- SECTION 11. Playgrounds and Play -- 51. Playgrounds and Play: Tree Climbing, Slides, Monkey Bars / Provvidenza, Christine / Tator, Charles H. -- SECTION 12. Missile Sports and Recreational Activities -- 52. Hunting / Saleh, Fady / Jalal, Adnan -- 53. War Games (Paintball) / Ackery, Alun -- 54. Air Guns / Saleh, Fady / Ahmed, Ishtiaq -- 55. Other Missile Sports: Darts, Archery, Target Practice, Slingshot / Rahman, Sana -- SECTION 13. Summer Sports -- 56. Golf / Ackery, Alun -- 57. Ball Hockey / Motwani, Prakash / Butt, Bilal / Tator, Charles H. -- 58. Camping and Hiking / Ackery, Alun -- 59. Mountain Climbing / Maltzahn, Maia von / Baerlocher, Mark O. / Tator, Charles H. -- 60. Other Summer Sports: Roller Skating, Walking, Billiards, Tree Climbing, Kite Flying, Steer Wrestling, Fairgrounds / Rahman, Sana -- 61. Conclusion / Tator, Charles H. -- APPENDIXES -- APPENDIX 1: Survey Questionnaire -- APPENDIX 2: Participation and Injury Rates - Males, Females, and by Sport, from the McLaren Report -- APPENDIX 3: Population of Ontario in 1986, 1989, 1992, and 1995 -- Index

Sommario/riassunto

Catastrophic Injuries in Sport and Recreation is an essential reference guide to safe participation in a wide variety of sports and recreational activities. A masterful achievement of methodology, it is the first complete epidemiological study and analysis of all catastrophic injuries in all sports and recreational activities that occurred within a large defined geographical area with a large population: ten million people within the province of Ontario between 1986 and 1995. Concentrating on injuries that resulted in death or long term disability, the

contributors identify both the personal risk factors for participants and the societal risk factors that are important causes for these kinds of injuries. Providing detailed analysis of 2154 case studies, the contributors demonstrate what went wrong in each event, and show how each injury could have been prevented. Recommending specific prevention strategies for a wide range of injuries, *Catastrophic Injuries in Sport and Recreation* is a practical medical reference for athletes and doctors alike.
