Record Nr. UNINA9910456694103321 Autore Mander Gertrud Titolo Diversity, discipline and devotion in psychoanalytic psychotherapy: clinical and training perspectives / / by Gertrud Mander Pubbl/distr/stampa Boca Raton, FL: .: Routledge, an imprint of Taylor and Francis, . [2018] ©2007 **ISBN** 0-429-89860-6 0-429-47383-4 1-283-06945-8 9786613069450 1-84940-582-4 Edizione [First edition.] Descrizione fisica 1 online resource (264 p.) **UKCP Karnac series** Collana Disciplina 616.891407155 Soggetti Psychotherapists - Supervision of Psychotherapists - Training of Psychotherapist and patient Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Monografia Livello bibliografico Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references (p. 227-238) and index. Nota di contenuto COVER; ABOUT THE AUTHOR; ACKNOWLEDGEMENTS; INTRODUCTION; PART I MODELS AND METHODS; PART II CLINICAL AND OTHER MATTERS; REFERENCES; BIBLIOGRAPHY; INDEX This book is a selection of papers written over 25 years of practising Sommario/riassunto psychoanalytic psychotherapy, of training and supervising psychotherapists, psychodynamic counsellors and supervisors. It reflects a preoccupation with the growth and diversification of counselling and psychotherapy, with the imperatives of training, supervision and regulation, and with the significant changes in the profession due to the invention of brief, time-limited, intermittent and recurrent psychotherapy. An overall theme is the conviction that what patients and therapists share is vulnerability, and that the therapist is a 'wounded healer', whose reparative tendency informs his professional

choice, his therapeutic empathy and his capacity to bear the rigours of

therapeutic work. Thus an unconscious connection between the helper and the helped is the driving force of every therapeutic relationship, for better and for worse. Its responsible management requires thorough training, ongoing supervision and a firm frame in order to contain the powerful forces operating when two strangers meet for the purpose of therapy.