

| | |
|-------------------------|--|
| 1. Record Nr. | UNINA9910456558003321 |
| Titolo | Bright futures [[electronic resource]] : nutrition / / editors, Katrina Holt ... [et al.] |
| Pubbl/distr/stampa | Elk Grove Village, Ill., : American Academy of Pediatrics, 2011 |
| ISBN | 1-283-83688-2 1-58110-624-6 |
| Edizione | [3rd ed.] |
| Descrizione fisica | 1 online resource (298 p.) |
| Altri autori (Persone) | HoltKatrina A |
| Disciplina | 613.2/083 613.2083 |
| Soggetti | Children - Nutrition Nutrition Electronic books. |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Bright Futures Nutrition cover; Table of Contents; Bright Futures Children's Health Charter; Creating a Lifelong Foundation for Healthy Eating; About Bright Futures: Nutrition; Bright Futures: Nutrition Vision and Goals; How This Guide Is Organized; How This Guide Can Be Used; Participants in Bright Futures: Nutrition, Third Edition; Introduction; Healthy Eating and Physical Activity; Nutrition in the Community; Cultural Awareness in Nutrition Services; Nutrition Supervision; Infancy; Early Childhood; Middle Childhood; Adolescence; Nutrition Issues and Concerns; Breastfeeding Children and Adolescents With Special Health Care Needs Diabetes Mellitus; Eating Disorders; Food Allergy; Human Immunodeficiency Virus; Hyperlipidemia; Hypertension; Iron-Deficiency Anemia; Nutrition and Sports; Obesity; Oral Health; Pediatric Undernutrition; Vegetarian Eating Practices; Nutrition Tools; Tool A: Nutrition Questionnaire for Infants; Tool B: Nutrition Questionnaire for Children Ages 1 to 10; Tool C: Nutrition Questionnaire for Adolescents Ages 11 to 21; Tool D: Key Indicators of Nutrition Risk for Children and Adolescents; Tool E: Screening for Elevated Blood Lead Levels Tool F: Stages of Change-A Model for Nutrition Counseling Tool G: |

Strategies for Health Professionals to Promote Healthy Eating Behaviors; Tool H: Basics for Handling Food Safely; Tool I: Tips for Fostering a Positive Body Image Among Children and Adolescents; Tool J: Nutrition Resources; Tool K: Federal Nutrition Assistance Programs; Index

Sommario/riassunto

Bright Futures: Nutrition offers detailed practice-focused guidance to help patients and families build a foundation for lifelong health with sound eating practices. This updated 3rd edition provides guidance for applying the nutrition-specific concepts and principles in Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents, Third Edition-the national standard for well-child care. It provides the latest scientific research, current professional standards, and expert in
