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| Autore                  | Holder Jennifer Sutton   |
| Titolo                  | Parting [[electronic resource] ] : a handbook for spiritual care near the end of life // Jennifer Sutton Holder and Jann Aldredge-Clanton  |
| Pubbl/distr/stampa      | Chapel Hill, : University of North Carolina Press, 2004  |
| ISBN                    | 1-4696-0469-8<br>0-8078-6769-1   |
| Descrizione fisica      | 1 online resource (81 p.)  |
| Altri autori (Persone)  | Aldredge-ClantonJann <1946->   |
| Disciplina              | 155.9/37   |
| Soggetti                | Death<br>Spiritual life<br>Electronic books.   |
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| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Note generali           | Description based upon print version of record.  |
| Nota di contenuto       | Contents; Foreword; Acknowledgments; Introduction; 1 Setting Out; Offering Spiritual Companionship; Itineraries: Stops on Spiritual Journeys; Two Levels of Needs: Physical and Spiritual; 2 A Personal Journey; Companions Welcome; Packing for the Road Ahead; Presence; Listening; Acceptance; Candor; Patience; Advocacy; Humor; Courage; Dependability; Hope; Creativity; Sensitivity; Curiosity; Time; Crossing the Bridge; Coming Closer; Spiritual Conversation Starters; 3 Spiritual Scenery; Life Review; Journaling; Artistry; Ethical Wills; "I've Always Wanted to . . . "; Reunions and Gatherings<br>RitualsPersonal Rituals; Centering Prayer; Simple Rituals; Ceremonies; 4 For Weary Travelers; Comforts for the Dying; Touch; Sight; Sound; Taste and Smell; Comfort from a Distance; Companion Comforts; Accepting Limits; Mini-Breaks; Food and Exercise; Sharing the Burden; Accepting Help; Utilizing Volunteers; Professional Help; Giving and Receiving Care; Guilt and Resentment; Realistic Expectations; Easing Up; Honesty; Trouble along the Road; 5 Parting Ways; Unpacking Life's Baggage; Giving Permission to Go; Reconciliation; Holy Silence; Suspending Disbelief; Letting Go; Saying Goodbye<br>Love and TearsA Child's Goodbye; Dying Alone; Safe Passage; A Sacred Journey; Unpredictable Timing; Comforting Arms; 6 Coming Home |

## Sommario/riassunto

At times we may be called to be companions on a journey we would rather not take--the journey of a loved one toward the end of life. For those who choose to serve as close companions of terminally ill relatives or friends, *Parting* offers the collective wisdom of people from many cultures and faith traditions as a "travel guide" for meaningful companionship--helping someone toward a peaceful transition from this life. Sections of the book discuss how to cross the bridge from ordinary conversation to spiritual reflection; how to provide comforts for the body, mind, and soul; and how to

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